

Creating inclusive communities





Rocky Bay acknowledges the traditional custodians on whose land we work, the people of the Noongar and Yamatji Nations, and recognise their continued connection to the land, waters and skies. We pay our respect to them, their cultures, and to Elders both past and present.





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Creating inclusive communities





At Rocky Bay, we believe in the power of possibility. Since 1938, we've been supporting people living with disability in Western Australia to build brighter, more inclusive futures.

We're more than service providers. We're partners, cheerleaders and collaborators. We work closely with you, your family, carers and guardians to make sure you feel valued, heard, supported and celebrated.

With a strong focus on quality and service excellence, we offer a wide range of therapy and support services for all ages. Whether you're setting new goals or navigating life changes, we're here to help you take control and move forward with confidence.

We are also proud to take a neurodiversity affirming approach across all areas of support. This means working alongside neurodivergent individuals to understand their needs, preferences and goals. Our services are flexible, person-centred and focused on strengths.

Our team is always learning and adapting to stay in line with current best practices.

From communication styles to sensoryfriendly environments, we're committed to creating spaces where neurodivergent people feel heard, valued and empowered.

With 10 hubs across Greater Perth and a hub in Geraldton, we're part of your local community. Our holistic services include therapy, community access, supported accommodation and training. We're here to support you through life's big moments, whether it's receiving a diagnosis, getting ready for school, starting a new job or moving into a new home.

Exploring your options can feel overwhelming, but you're not alone. Often, it just takes a conversation to get started. Read on to learn more about our commitment to you and how we can create more inclusive communities together.





www.rockybay.org.au (08) 6282 1900

WHAT GUIDES US

Our Purpose

To create inclusive communities for people of all abilities.

Our Vision

To understand, connect, and partner with the community to enable customers to achieve their aspirations.

Our Mission

To break down barriers and create opportunities for individuals to participate fully in all aspects of life and by embracing diversity and promoting inclusion, we can collectively build a society that celebrates and values every individual.

Our Values

Providing excellent customer service Everything we do is carefully planned and tailored to meet your individual needs.

Looking for better ways

We constantly review our performance, staying on top of new ways to make your experience better.

Working together

Our willingness to work with our customers, stakeholders and team members determines our success.

Being professional and accountable

We continue to set new standards in professionalism, respect and courtesy.



OUR Customer Experience Principles

Our customer experience principles are the cornerstone of our service delivery, reflecting our commitment to ensuring our customers feel supported, valued, involved, and celebrated.

Developed through feedback, consultation, and research with our customers, these principles encompass:



Making it simple

Life throws enough challenges at you. We will make it easy for you to access the services you need, when you need them.



Engaging & involving you

We will seek out your opinions and allow you to have input in your outcomes.
We'll take the time to understand you and really listen.



Sharing your aspirations

We are passionate about celebrating your successes and goals right alongside you. We're partners in possibility.



Keeping our promises

We simply do what we say we'll do. You'll never be left waiting thinking someone has forgotten about you. We have your best interests at heart.



Showing you we care

You won't feel like just a number. We will make you feel important. We are all committed to making sure you get the best results.





Our Timeline

Therapy

Our team of experienced allied health professionals is here to support you with your physical, dietary and mobility needs. Whether you're working toward greater independence, managing a health condition, or simply looking to feel more confident and comfortable in your everyday life, we are here to help you reach your goals.

Community

With the support of our Rocky Bay support workers, you can enjoy outings and activities that align with your interests and hobbies, whether that's bowling, seeing a movie, heading to a cafe or simply hanging out, the choice is yours. Or you might prefer to visit your nearest Rocky Bay hub. Our Mosman Park, Nollamara, Joondalup, and Mandurah hubs feature fully equipped kitchens, Mosman Park also has a dedicated music room. Cockburn hosts monthly discos, and Joondalup has a gaming room ready for all your entertainment needs. If you love getting creative, you can use our art and craft zones at Ascot. Cockburn. Mandurah. Gosnells, Duncraig, and Mosman Park.

Supported Accommodation

At Rocky Bay our experienced Referrals and Transitions managers will work with you to look at what supported accommodation options might suit you best across the Perth Metro region, from Short -Term Accommodation (STA) and Medium -Term Accommodation (MTA) temporary solutions at our guest houses to Supported Independent Living (SIL) and Specialist Disability Accommodation (SDA) through Shift Accessible Homes.

Training

Rocky Bay is a Registered Training
Organisation (RTO No. 2001) offering a wide
range of nationally recognised training
programs and short courses for the disability,
health, and community sectors. Whether
you're starting a career, upskilling as a
support worker, or seeking tailored training
for your organisation, we have options to
meet your needs. Our training is delivered by
experienced professionals, including clinical
nurse trainers, with a strong focus on High
Intensity Daily Personal Activities (HIDPA)
aligned with NDIS Practice Standards.





Scan for a copy of our Service Guide!

1936-1938

The Beginning - In 1936 the Perth Rotary Club saw a need to support children with disabilities. By 1938, the Crippled Children's Society was formed, an important step for the foundations of the organisation we know today.

1939-195Os

Early Care and Support

- The early years focused on providing much-needed care and support to children living with disability. Facilities and programs meet the needs of local families.

1960s-1970s

Growing Services - During the 1960s and 70s, Rocky Bay expanded its services. New therapies were introduced, and more facilities were built to support the growing number of people relying on our care.

198Os-199Os

As Rocky Bay grew, we expanded to support adults with disabilities, offering more inclusive services. We also extended therapy into schools across the Peel and Fremantle Districts, supporting children in their communities.

2000s

embracing New Ideas - Rocky Bay embraced new technologies and therapies, strengthened community partnerships, and expanded with a training facility, the Patricia Kailis Centre, and four respite homes across Beeliar, Cockburn, Rockingham, and Gosnells.

2018-2019

A Time of Growth - Rocky Bay expanded into Ascot and Mandurah, launched independent living in Mosman Park, refreshed Duncraig, welcomed 11 group homes, opened new hubs, and proudly introduced our first Reconciliation Action Plan during this growth period.

2021

A Fresh Look - In 2021, we introduced a new logo and the words "Partners in Possibility" to reflect our vision for the future. This marked a renewed commitment to helping every person reach their goals, their way.

2022-2023

Recent Milestones - By 2023, Rocky Bay celebrated 85 years. We revitalised Lady Lawley Cottage, opened autism assessment clinics, and, through Shift Accessible Homes, delivered three new Specialist Disability Accommodation developments—with more underway.

2023 -

Now Looking Forward - Lady Lawley Cottage is becoming WA's only one-stop allied health hub. We've opened 17 SDA homes, transitioned from Lucy Creeth, and remain committed to inclusive communities and supporting people of all ages and abilities. **OUR PEOPLE**



Our People

Therapy

We have assembled the very best in allied health professions, from physiotherapists to occupational therapists and speech pathologists. While each brings different skills, all have an unwavering commitment to help you and your support network achieve your unique goals. It's a true team effort, sharing ideas across disciplines to come up with life-changing solutions for you. Your success inspires them to be better therapists, practitioners and people.

Community

Our Community team is all about helping you actively participate in daily life and explore new skills and hobbies. Whether it's learning practical life skills, engaging in community activities, or discovering new interests or taking a short break at our respite accommodation. Our services also provide opportunities to make new friends and build meaningful connections, all while empowering you to live independently and confidently.

Supported Accommodation

Support within all our homes is based on the principles of Active Support, ensuring you are included and involved in the routines and decisions that shape your daily life. This approach helps you maintain or develop practical skills, giving you more choice, control, and confidence in how you live each day.

Corporate and Support Staff

Our corporate and support staff at Rocky Bay work tirelessly in the background to fine tune our business. It's because of them we do our best work, empowering everyone who wears the Rocky Bay badge to serve you better.

Your partners in possibility

It's a special kind of person who works at Rocky Bay. Someone who listens not just to hear, but to understand. A person who dreams of a better way and sets about achieving it. Someone who sees the big picture yet focuses on detail. Whether it's a support worker, an occupational therapist, a nurse or administrator, our passion to enrich the lives of those living with disabilities unites

us. We understand that our shared success is underpinned by our ability and willingness to work together with you, your community and our Rocky Bay teams. When we work together, the possibilities are endless. We are a welcoming, inclusive family. We come from many different backgrounds, disciplines and life experiences, but share the same drive to provide you with the opportunities to shine.



right across Perth, AND beyond

With 10 hubs across Greater Perth and a hub in Geraldton, support is always within reach at Rocky Bay!

Our friendly Customer Service Officers are ready to assist you when you visit our hubs. Our facilities include therapy gyms, a hydrotherapy pool (Mosman Park), sensory rooms (Mosman Park and Joondalup), art spaces (Ascot, Cockburn, Duncraig, Gosnells, Mosman Park and Mandurah), a music room (Mosman Park), fully equipped kitchens

(Joondalup, Mandurah, Mosman
Park and Nollamara) and a range of
supported accommodation options
including Respite / Short - Term
Accommodation (STA), Medium - Term
Accommodation (MTA, Supported
Independent Living (SIL) and Specialist
Disability Accommodation (SDA) through
Shift Accessible Homes.



Services available to you

Our services are designed to support you in achieving your goals and living as independently as possible, enabling you to engage with your community and pursue your passions. Tailored to your individual needs, our services aim to make your journey with us personal, empowering, and comfortable. Through our programs and services, you can learn new skills, develop healthy habits, and participate in everyday activities through engaging games and activities. With the assistance of technology and home modifications, you can take charge of everyday tasks and shape your home environment to promote independence and social connection.

Additionally, our services encompass areas such as enhanced mobility, nutrition, mental well-being, and physical comfort. Together, let's explore the possibilities. We simplify the process of funding your services.

Our dedicated Customer Engagement team is here to guide you through the options and help you find the funding solution that best suits your needs. By removing the guesswork, we aim to empower you to focus on reaching your goals.

Support Coordination

Navigating the NDIS on your own is not your only option. A support coordinator can help you get the most from your plan by removing the red tape and maximising your funding. You can access Rocky Bay's services through various funding streams, such as NDIS, state-funded disability services, the Insurance Commission of WA, and specific funding options for children. We offer the convenience of HICAPS and EFTPOS for most services. Reach out to our team to explore funding options that best suit your needs.



Funding options

National Disability Insurance Scheme (NDIS)

The National Disability Insurance Scheme (NDIS) provides funding for those living with disabilities to access services that support your lifestyle. It gives you the control to choose what's best for you and your goals.

Pay Out Of Pocket

Many Rocky Bay services are available on a pay-as-you-go basis, including therapy and community services. EFTPOS facilities with HiCAPS are available, and you may be able to claim through your private health insurance supplier.

Insurance Commission of WA (ICWA)

After a serious motor vehicle accident, it's reassuring to know that a dedicated team of therapists, supported by funding and administration experts, are here to put you on the path to recovery. If you are receiving funding from the ICWA, Rocky Bay is here to help you find what's possible as you recover and adjust.

COSA – Continuity of Support Arrangements

For those under 65 years old who do not meet NDIS residency requirements, COSA provides essential funding. If you are currently receiving COSA funding, Rocky Bay can assist with the following supports:

Therapy Services Community Access Services Short Term Accommodation/Respite

- Therapy Services
- Community Access Services
- Short Term Accommodation/Respite

DSOA – Disability Support for Older Australians

Previously known as the Commonwealth Continuity of Support (CoS), DSOA provides funding for individuals over 65 years old with a disability who are not eligible for the National Disability Insurance Scheme (NDIS). If you are currently receiving funding through DSOA, Rocky Bay can assist with the following supports:

- Supported Accommodation
- Nursing
- Therapy Services
- Community Access Services







Supporting YOUR child's journey

Every child is unique, and so is their path. At Rocky Bay, we are here to support you through every stage, whether you are navigating a new diagnosis, looking for early support, or helping your child prepare for school and beyond. Our range of services helps children build confidence, communication and independence, while providing parents and carers with practical tools and support.

Early Support for Young Children

Our Early Start Intervention Program (ESIP) offers early, pre-diagnosis support for children under five showing signs of developmental delay.

Early Childhood Intervention (ECI) provides flexible, family-centred therapy that fits into your everyday routines.

Sprouts is our pre-kindy program for children aged 3 to 5, helping them build the skills they need for a confident start to school.

Therapy Clinics

We offer caring, personalised support across a range of clinics, including:

- Children's Continence Clinics
- Emotional Regulation Clinics
- Children's Intensive Therapy Clinics

These services help families manage developmental, sensory and communication needs in a safe, supportive environment.

School Readiness and Life Skills

Starting school is a big step. Our therapists help children and teens build key skills like communication, fine motor coordination, emotional regulation, social interaction, daily routines and self-care. We work closely with families, schools and support teams to help every child feel ready and confident.

Programs for Families

We offer group programs to support learning and connection: Skills and Social Development Groups focus on communication, independence and emotional wellbeing. Tech Talkers supports parents of children using communication devices. Hanen: More Than Words® helps parents use everyday routines to build their child's communication and social skills.

Lady Lawley Cottage - Children and Youth Hub

Located in Cottesloe, Lady Lawley Cottage is our dedicated centre for early intervention, rare disease, and child and adolescent wellness. Services include occupational therapy, physiotherapy, speech therapy and group programs like Sprouts and Rhythm Rangers. Parents and carers can also join MyTime, our free support group.

Children's Respite - Coming Soon

Day and overnight respite stays will soon be available, giving children a calm and supportive seaside space to build independence, while families take a wellearned break.

You Are Not Alone

You may not have expected this journey, but you do not have to face it alone. At Rocky Bay, we are part of your community. Our goal is to make your experience personal, comfortable and empowering.



Hailey's RARE start

Hailey Somerfield is one in 13 million.

The cheeky 2-year-old is a social butterfly, who is always giggling, smiling and enjoys dancing to her favourite songs.

Hailey is one of the four Australians and only female living with KAT6 Syndrome and is living life the way her parents didn't think would be possible.

KAT6 syndrome is an extremely rare genetic neurodevelopmental disorder that affects the KAT6 gene, altering the development of the brain and central nervous system.

It is a complex diagnosis, with the common symptoms affecting growth, behaviour, facial features, heart issues, seizures, developmental delay, feeding difficulties, constipation and speech and language.

Hailey has the KAT6A mutation and also has an autism diagnosis.

The KAT6A protein that is involved in controlling protein production is affected, influencing various parts of her body. Additionally, Hailey has experienced developmental delay, difficulties with feeding and sleeping, suffered from seizures, lack of speech, hearing and lack of muscle strength.

Less than 600 people worldwide have been diagnosed, creating a challenge with initial diagnosis, support and knowledge.

Luckily for Hailey and her family, the Early Start Intervention Program (ESIP) at Rocky Bay, helped her get the best start to her life. Kathryn Somerfield, Hailey's mum spoke about the program and benefits it has had on Hailey's life, saying "I would recommend the program to anyone that is thinking of applying. If you are wanting to see great progress, this is the journey I'd recommend.

I couldn't see her being where she is now without the help received from ESIP."

"The program showed me tools that I could use to help her everyday life.

Behind the experience that Physiotherapist Ty Kowalski has in dealing with children who struggle to walk, he brought out confidence. I never thought she was going to walk because she didn't show many signs, but Ty made me confident enough to say we're going to get her walking," says Kathryn.

Kathryn continued speaking on Hailey's progress with ESIP saying "there were lots of things she wouldn't do, she didn't like touching things, turning book pages or having baths, now she has no problem with any of that.

ESIP has shown me lots to help her progression, we've used lots of charts, even sign language so she can communicate with us.

In October of 2022 Hailey was rushed to hospital in a severe condition, something no mother ever wants to face.

Kathryn describes it as the day Hailey "lost herself. She wasn't doing well, she was in a severe condition, and I was asked multiple times if I wanted her to be resuscitated."

She was put into the Intensive Care Unit and suffered seizures to 10 minutes long, over the course of a week. She didn't come off her medication well and the monitoring was

showing that there was an underlying issue. It was an uncertain time," says Kathryn.

Hailey was then referred to Rocky Bay where Kathryn agreed to start without hesitation.

I didn't need to look elsewhere, I knew people who had previously accessed services there, I'd helped out for them when I was younger, I felt comfortable saying yes and I'm glad I did," says Kathryn.

The results to her genetic testing and MRI brain scan came back 8 months later as inconclusive. Her paediatric geneticist didn't believe the results and got in contact with a Melbourne hospital, where Hailey completed a test via mail and waited until November for the results.

When the results came back in November the family were shocked.

"I thought it'd be a more common diagnosis. Without the ESIP program I'd be very stuck, I'd feel isolated throughout, I wouldn't have thought she could be who she is right now. It's highly recommended," says Kathryn.

Kathryn has found great support in the online community, speaking on the importance of connecting with those experiencing similar daily challenges.

"The online community that we built, helps get through daily challenges, and suggestions on the best way through them.

"We don't know her future, but I hope things progress in the world that help people living with disabilities or rare conditions.

I hope she has a somewhat an individual and independent life."

Kathryn spoke about Hailey's journey on the Inspired Parenting podcast.







Our team of experienced allied health professionals is here to support you with your physical, dietary and mobility needs. Whether you're working toward greater independence, managing a health condition, or simply looking to feel more confident and comfortable in your everyday life, we are here to help you reach your goals.

We understand that life is busy, which is why we offer flexible, convenient therapy options

- Occupational Therapy
- Physiotherapy
- Speech Pathology
- Exercise Physiology
- Hippotherapy
- Hydrotherapy
- Early Start Intervention Program (ESIP)
- Early Childhood Intervention (ECI)
- Allied Health Assistants
- Fitness Therapy

designed to fit around your lifestyle. You can access our services in a way that works best for you. This may be in the comfort of your own home, in your local community, through telehealth, or at one of our 10 welcoming hubs located across Perth and in Geraldton.

With a wide range of services all under one roof, Rocky Bay makes it easier for you to get the support you need, when and where you need it.

- Positive Behaviour Support
- Dietetics
- Community Nursing
- Neurological Rehabilitation



Scan for more information





Daily Living YOUR Way

At Rocky Bay, our Daily Living services are all about helping you actively participate in daily life and explore new skills and hobbies. Whether it's learning practical life skills, engaging in community activities, or discovering new interests.

Our services also provide opportunities to make new friends and build meaningful connections, all while empowering you to live independently and confidently.



Scan for more information

- Respite
- Community access and recreation
- Art, cooking, craft, music and painting
- After school programs
- Assistance with domestic tasks and money management
- Movie days
- School holiday programs
- Sensory rooms

Plus, with access to our fleet of vehicles, getting around has never been easier. Whether you're heading to appointments, social events, or group activities, we ensure you have the transportation you need to stay connected and engaged in your community.



Open THE door To your best life

Finding a place to live that meets your unique needs is essential for your happiness, independence, comfort and overall well-being. Disability accommodation offers thoughtfully designed housing solutions for people with different needs.

Support within all our homes is based on the principles of Active Support, ensuring you are included and involved in the routines and decisions that shape your daily life. This approach helps you maintain or develop practical skills, giving you more choice, control, and confidence in how you live each day.



Scan for more information

At Rocky Bay, our Referrals and Transitions Managers will help you navigate your housing options, guiding you through the process of finding a home that meets your needs, from NDIS Short-Term Accommodation / Respite (STA) to Supported Independent Living (SIL) options to Specialist Disability Accommodation (SDA) through Shift Accessible Homes.

- Short-Term Accommodation (STA)
- Medium-Term Accommodation
- Supported Independent Living (SII)
 Shared Houses
- Specialist Disability Accommodation (SDA) with SHIFT
- Emergency Relief Respite Funding
- Home Assessments
- Home Modifications



SHIFT Accessible Homes

A home is more than just a place to live. It can bring you greater comfort, more freedom, and open the door to new possibilities.

SHIFT builds Specialist Disability
Accommodation (SDA) homes that are
modern, welcoming, and thoughtfully
designed to help you live your best life,
with the right home, the right people,
and the right support around you.

Each SHIFT home includes features that go well beyond the standard. From smart technology to accessible, easy-to-navigate layouts, every detail is designed to make life simpler, safer, and more enjoyable.

Collaborative Approach

We're committed to helping you achieve your goals, which means we strive to understand your needs and preferences to ensure your SDA home meets your requirements. At SHIFT, you have the chance to provide input on how your living spaces are designed. This includes influencing features like the technology in your bedroom, giving you more control over decisions that shape your daily life.

Active Support

It's not just the features in the home that help you live more independently. Support within all our homes is based on the principles of Active Support, ensuring you are included and involved in the routines and decisions that shape your daily life. This approach helps you maintain or develop practical skills, giving you more choice, control, and confidence in how you live each day. As a Rocky Bay company, we can also connect you to support coordinators, therapists and community support workers.

"Try Before You Buy"

Imagining your new life in a SHIFT
Accessible Home can be exciting, if not
overwhelming. If you've ever wondered
what it would be like, there's no need to
dream – you can try it for real before
you commit. Contact our Referrals and
Transitions Managers today on 6399 4100
to find out about our Respite Services,
where our can help you organise a
short break in an accessible home.



Scan for more information





Leading THE WQY

As a Registered Training Organisation (RTO No. 2001), Rocky Bay provides innovative training and assessment services to the disability, health and community sectors.

We offer a range of nationally recognised training programs and industry standard short courses.

Whether you're wanting to commence a career in disability, a support worker wanting to upskill, or a business looking to embrace a more diversified workplace, we have training options available to you.

Our Non-Accredited courses include:

- Manual Tasks and Hoist
- Dysphagia Mealtime Management
- Epilepsy and Seizure Management
- Assist with Medication

- Urinary Catheter Support
- Diabetes Support
- Enteral Feeding (PEG)
- Complex Bowel Care
- Mental Health First Aid
- Standard and Refresher

Accredited Training:

- CHC33O21 Certificate III in Individual Support (Disability)
- 11076NAT Diploma of Leadership in Disability Service

We provide comprehensive training for support workers in a range of High Intensity Daily Personal Activities (HIDPA), aligned with the NDIS Practice Standards.

Our courses are delivered by a diverse team of experienced professionals, including clinical nurse trainers with expertise in clinical skills under the NDIS framework.

Passionate about quality and outcomes, our team tailors training to meet individual and organisational needs, ensuring every session is practical, impactful, and relevant.



Scan for more information



Life THROUGH Blake's lens



Rocky Bay customer Blake always had a natural curiosity for technology from a

Now thanks to Rocky Bay's Wishing Tree, Blake has been gifted his own camera, allowing him to pursue his creative passions, an important part of his identity.

Blake's Mum Janelle said she thought introducing Blake to photography would help his busy mind slow down.

"Blake's mind is constantly racing, always eager to learn and explore... and I thought introducing him to photography might help him slow down, focus and become more present with the world around him." Ianelle said.

Janelle had bought a camera for her and Blake to share, and it quickly became clear Blake had developed a strong love for photography, much like his mother.

While it was evident Blake had found a passion for photography, purchasing another camera just for him wasn't financially viable for the family at the time.



Rocky Bay's Wishing Tree would be the answer.

There was plenty of excitement and gratitude from Blake upon receiving his brand-new Canon EOS R5O with Twin Lens Kit from the Wishing Tree.

"It gave him a huge boost of confidence and a real sense of pride that someone believed in his passion enough to make this happen for him," Janelle said.

A new camera has allowed photography to become part of his routine.

"It's given Blake a creative outlet that helps him slow down and express himself in a way that feels natural and fulfilling," Janelle said.

"He now carries his camera almost everywhere and finds beauty in the smallest details.

"Photography has become part of his routine, something he genuinely looks forward to," Janelle said.

When asked what he loves so much about photography, his answer is simple. "I want people to see the world through my eyes," Blake said.

Importantly, photography is a way for Blake to connect with others without needing words.

"It's his way of translating his thoughts and emotions into something visual and lasting," Ianelle said.

Janelle said it was emotional to see her child given an opportunity like this.

"The Wishing Tree made something possible we couldn't have done ourselves. and for that, we'll always be incredibly grateful," Janelle said.

"It's opened new possibilities, and we've already seen the benefit in the deeper connections he's making through photography.

"The Wishing Tree is a reminder there are people and organisations who truly care about making a positive impact in the lives of individuals with unique needs and goals.

"That's to the Rocky Bay Wishing Tree for the opportunity to support Blake's passion," Ianelle said.



Scan for more on the Wishing Tree







