

Training Courses



Rocky Bay is a leading Training Organisation (RTO 2001), providing innovative training and assessment services to the disability and health sectors.

Our accredited and non-accredited industry standard short courses will develop and enhance the skills, knowledge, and capabilities required for the industry.

Rocky Bay's highly experienced training team can customise learning solutions and services to support professional development and mandatory training and compliance requirements.

Medication Training

Medication Training provides participants with the skills and knowledge required by carers and support workers to administer prescribed medications from dose administration aids. The course can be customised to meet an organisation's specific needs and requirements.



First Aid Training

The HLTAID003 Provide First Aid one-day course will see participants develop the basic skills and knowledge required to provide first aid response. The course is recommended for those who are looking to learn general first aid skills or require a formal first aid certificate for work or study.

Manual Handling and Hoist Use

Rocky Bay's Manual Handling workshop provides participants with the skills and knowledge to carry out manual handling tasks safely. Participants will gain practical experience using a range of equipment, such as hoists, beds and slide sheets, in a supported environment with experienced trainers.

Mental Health First Aid

The standard Mental Health First Aid course teaches participants how to assist someone who is developing a mental health problem, or is in a mental health crisis, until appropriate professional treatment is received or the crisis resolves. Courses are delivered by an accredited Mental Health First Aid instructor.



Contact us

For more information, please call 9383 6145 or email trainingrbi@rockybay.org.au