

YES! I want to support the important work of Rocky Bay, please accept my gift.



across the bay

Optimising the quality of life for people living with disability



Please tear off and return this section in a sealed envelope to:-
Rocky Bay
 PO Box 53
 Mosman Park WA 6912
 Alternatively you can make a one off or regular gift to Rocky Bay by phoning (08) 9383 5138

Remember your donation is tax deductible.
 A receipt will be sent to you.



Keeping kids active in the community

Rocky Bay's Let's Rock, Let's Dance and Little Rockies programmes give children with disability the chance for fun, social interaction, active therapy and learning. Ask your therapist how your child could get involved with future programmes.

home and community

You are in safe hands with Rocky Bay

Families and residents at a Dianella group home were initially concerned with the prospect of a new service provider. Rocky Bay was successful in its bid to support the six residents.



After direct involvement in staff recruitment and seeing such positive changes for residents, one family member, Kayleen said "Be involved. Go to Rocky Bay and see how they interact with their clients. I am convinced it is of the highest calibre and I have no hesitation recommending Rocky Bay." **Read more about the transition at www.rockybay.org.au/news**

Take a break at our guest houses

Word is out. Rocky Bay's four guest houses are experiencing unprecedented demand. If you're looking for respite, rest and relaxation, book your place today before they fill up completely!

Videos online www.rockybay.org.au/guest-houses



Gen-uine superstar

Employment Services client and employee of Culshaw Miller Lawyers, Genevieve overcame a stroke in 2001 to become a world champion sailor, winning Gold in the NZ Nationals in 2013 and Silver at the World Cup in 2014, despite losing a sail in one of the races.

Rocky Bay have supported her with workplace modifications including automated restroom doors and an iPad to help her communicate.

Find out more about Employment Services at www.rockybay.org.au

therapy and assistive technology

Rehabilitation beyond belief

People are discovering abilities and achieving goals they never dreamed possible thanks to Rocky Bay's Skills Acquisition Rehabilitation Programme. By effectively training the brain and body together eleven year old Rocco is making great progress walking by himself. Cecilia has also made wonderful progress after a stroke. **Read their stories and others at www.rockybay.org.au/our-stories**

Michael's vision of an independent future

Michael benefited from Rocky Bay's environmental controls project and can now use his smart-phone to control his computer, TV, DVD and home security. Speaking at an NDS breakfast themed 'shaping the future we want', to an audience including the Premier of WA and Minister for Disability, Michael said "Independence is out there, it's just a matter of harnessing assistive technology to make it happen!"



leisure and independence



Danny gets creative and loves it

Since moving to independent living, Danny has joined a band called 'Loose Tooth' and has been performing and creating videos with DADAA. **You can view his video at www.rockybay.org.au/our-stories**



Sensory room available for hire

For just \$25 per hour, you can enjoy our state of the art sensory room and its equipment, designed for people with disability to enable interaction and control of the environment in a gentle relaxing way **T: 9383 5183** for more information.

Handicrafts for sale

Now you can own original, handcrafted items made by people living with disability. They are available to purchase from the RecConnect studio at Rocky Bay – see examples of what is on sale at www.rockybay.org.au/shop-studio/



Top scorer Chris on his way to LA

After top scoring at the national soccer championships (7 goals out of 8 for WA), Rocky Bay's Wishing Tree is helping Chris get to Los Angeles to compete for Australia in the Special Olympics World Games in July.

Congratulations and good luck Chris! (number 4 below)



"Independent living is awesome!"

Hamish loves his new found independence, having moved from our nursing home into a shared house where he gets to cook, clean and do the washing – "It's awesome!" He said in a video you can view at www.rockybay.org.au/accommodation



training and employment

500+ jobseekers just need a chance

At our recent Breakfast of Champions, Rocky Bay championed the employment of people living with disability. After inspirational speeches from clients Gen and Erin and a diversity presentation from Amanda Wheeler of Deloitte, we showed videos of 17 of our 500+ current jobseekers, highlighting the skills of our client base – we had 108 expressions of interest in employing them!

To see the videos and read more, go to www.rockybay.org.au/news



Job in Jeopardy assistance

What would you do if a valuable employee acquired disability through accident, illness or mental health episode? Employment Services work with employers and individuals with the aim of maintaining employment through workplace modifications, job redesign and support.

T: 9349 6617 or 6399 4171 for more information.



Laura gets her day care dream job

Laura has loved her independence since securing the job she always wanted through Employment Services. Encouraged and supported by Rocky Bay she enrolled for two Cert III courses and has since found work in a day care centre. Laura said "Rocky Bay still check in with me at work to make sure everything is going well. Having that support makes a big difference – thank you Rocky Bay."



TITLE	FIRST NAME	LAST NAME	FULL NAME AS SHOWN ON CARD
<input type="checkbox"/> Mr <input type="checkbox"/> Mrs <input type="checkbox"/> Ms <input type="checkbox"/> Miss			
DONATION AMOUNT	PAYMENT FREQUENCY – PLEASE TICK YOUR PREFERRED OPTION		FIRST PAYMENT DATE
\$	<input type="checkbox"/> Monthly <input type="checkbox"/> Quarterly <input type="checkbox"/> Annually <input type="checkbox"/> One off Donation		CARD EXPIRY DATE
TYPE OF CARD	CARD NUMBER	HOME PHONE NUMBER	MOBILE PHONE NUMBER
<input type="checkbox"/> Mastercard <input type="checkbox"/> Visa			
CARDHOLDER'S SIGNATURE	I PREFER TO BE CONTACTED VIA		POSTAL ADDRESS – AN END OF TAX YEAR RECEIPT WILL BE SENT TO THIS ADDRESS
	<input type="checkbox"/> Mobile Phone <input type="checkbox"/> Email <input type="checkbox"/> Home phone		
	EMAIL ADDRESS – AN AUTOMATED RECEIPT WILL BE SENT TO THIS ADDRESS FOR CREDIT CARD PAYMENTS		
	PLEASE NOTE: If you choose monthly, quarterly or annual payments your details are held in the bank's secure server, NOT by Rocky Bay. If at any time you want to cancel a regular payment, you can do so by providing notice to Rocky Bay either via email to donations@rockybay.org.au or phone call to (08) 9383 5138. Reference NEWS JUNE 2015		

Please see opposite panel for mailing instructions - Thank you for your generous support

Rocky Bay 60 McCabe Street Mosman Park WA 6012
 T: 9383 5111 F: 9383 1230 E: info@rockybay.org.au

In the news

There are so many inspirational people discovering abilities across Rocky Bay.

We want to share with you their amazing stories and the many exciting new projects supporting them. With limited space this newsletter gives a snapshot of the latest news across the bay. For the full stories visit www.rockybay.org.au/news

Sign up for e-news

Receive full stories and latest service information by email by registering at www.rockybay.org.au – hit the sign up button at the bottom right of your screen.

Navigating the NDIS Perth Hills and NDIS My Way

Our new customer engagement team will provide you with support through all stages of NDIS and My Way planning: support coordination, therapy services, life transition planning, in-home support, recreation, employment, community participation, repair and servicing of equipment. Call **Stephanie T: 9383 5125** or email customerservice@rockybay.org.au to arrange an appointment. Read Amy and Rebecca's story on our website.

Now open in Midland!

1a Sayer Street, Midland 6056

Providing greater local support for people with disability and their families living in Perth's eastern suburbs, the cities of Swan, Kalamunda and Mundaring Shire, Rocky Bay has opened new facilities in Midland.

Free workshop series

Rocky Bay is running a series of free workshops in Midland every second Thursday from 23rd July to 22nd October providing support and guidance to individuals and families living with disability.

Official open day, 23rd July – if you are involved in the NDIS Perth hills trial, please join our free workshop from 10am - 12pm or 4pm - 6pm.

23 July 10am - 12pm or 4pm - 6pm	Official Opening in Midland Navigating the NDIA with Rocky Bay
13 August 4pm - 6pm	Technology for independence
27 August 4pm - 6pm	Leaving school - your next big step
10 September 10am - 12pm	No two the same - for parents of children on the autism spectrum
24 September 10am - 1pm	Employability - let us help you find your dream job 15 min sessions - Booking essential
8 October 4pm - 6pm	Intellectual disability, sexuality and relationships
22 October 10am - 12pm	Behaviour management - for parents of children with disability

RSVP at www.rockybay.org.au/events

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June 2015

www.rockybay.org.au

WHAT'S ON

Town of Mosman Park 30th Annual Photographic Awards

Exhibition Saturday 20th – Friday 26th June
Saturday – Sunday 10am – 3pm
Monday – Friday 8:30am – 4:30pm
Rocky Bay gymnasium McCabe St, Mosman Park

Midland free workshop series

Thursdays 23 July – 22 October
See adjacent advert for times, dates and further details
1a Sayer Street, Midland 6056

Walk With Me - Perth

Thursday 3rd December 2015
from 12pm at Government House Gardens

Rocky Bay Discos

First Friday of every month 6pm – 9pm
Rocky Bay gymnasium McCabe St, Mosman Park
\$10 entry, free entry for carers / support workers
For details contact Getabout T: 9383 5185

Seniors exercise class

Tuesday morning 9:15am
Rocky Bay gymnasium McCabe St, Mosman Park
For details contact Mr Coll T: 9384 6453

Contact the editor: marketing@rockybay.org.au



Welcoming our new Patron

We are pleased to announce that Her Excellency the Honourable Kerry Sanderson, AO, Governor of Western Australia has joined us as Patron of Rocky Bay. Her Excellency spent time in May meeting people with disability and learning about the range of services we provide.



Would you like to be an Ambassador?

Eleven Rocky Bay Ambassadors helped us to raise over \$80,000 at Walk With Me Perth last year. They also raised awareness of disability in the Perth business community, whilst opening doors for themselves.

We need 20 Ambassadors for this year's event on International Day of People With Disability, 3rd December. We will team you up with the CEO of an organisation to tell your story. They will raise money in your name and you will take part in fun and exciting challenges together at Walk With Me Perth 2015!

To register your interest, call Kat T: 9383 5143.



Golfers hit big for children with autism

Our sincere thanks go to AHG, Royal Fremantle Golf Club and everyone who played, sponsored or donated auction items for our two golf days earlier this year. We raised a total of almost \$190,000 which will go to a project using humanoid robots to develop improved social and communication skills in children with autism. This project would not be possible without fundraising.



Psychologist Scott on hand for behavioural support

Rocky Bay's Senior Psychologist, Scott Davidson, works with families and children to provide consultation, assessment and guidance to manage and improve behaviours of concern for people with disability. He also works with therapists, support staff, schools and community groups which form their extended support network. **Rocky Bay clients and families managing behaviours of concern can call Scott T: 6399 4122.**



Rocky Bay wins healthy workplace award

Rocky Bay has been awarded a silver medal for our healthy workplace.

Rocky Bay operates a smoke free environment and offers staff a range of health and wellness initiatives such as subsidised exercise classes. Rocky Bay also encourages walking, cycling and healthier food options.

Visit www.rockybay.org.au/work-for-us



Save up to 50% on RRP

Low cost, high quality equipment

Visit <http://creshop.rockybay.org.au> for great deals on a wide range of mobility and personal care equipment. We refurbish used equipment to the highest standards. You could save up to 50% off the recommended retail price if you are buying equipment yourself. Purchasing CAEP equipment from Rocky Bay also means CAEP funding can go further to support more people. T: 9494 2243 for further information.



Looking for and finding better ways

Thanks to everyone who completed our customer survey earlier this year. Results were positive and encouraging. As we strive to provide excellent customer service, we are continuously looking for better ways to work with you. Your feedback did highlight some areas for improvement. Find out how we plan to further improve our service at www.rockybay.org.au/news



Train, refresh or upskill

Rocky Bay is a registered training organisation offering a range of practical courses delivered by fully accredited trainers with industry-based knowledge and skills.

Accredited courses:

- Certificate III in Disability
- Provide First Aid

Other courses:

- Mental Health First Aid
- Medication Training
- PEG Use | Catheter Care | Suppository Insertion
- Hoist Use
- Manual Handling
- Positive Behaviour Support
- Eating Drinking Swallowing
- Epilepsy / Midazolam
- Assertiveness

Visit www.rockybay.org.au/service/training-courses/ or T: 9383 6145 for further information.



For only \$65 you can receive over \$15,000 of valuable offers!

Entertainment Book 15/16

Order your book or digital membership and at the same time you will be assisting Rocky Bay
www.rockybay.org.au/support-us/entertainment-book
Alternatively please call Juliette at Rocky Bay on 9383 5138 to place your order — Thank you for your support.



Nathan is a real life superhero!

Determination and imagination are certainly not lacking in Nathan, who recently produced his own comic book with himself as the main superhero character. Nathan also took part in HBF's Run for a Reason, raising \$2,200 for Rocky Bay – you are our hero Nathan!



Become a Rocky Bay superhero

Not everyone has superhero powers like Nathan, but by donating to Rocky Bay's end of year tax appeal you can become a superhero. Donations go towards the Wishing Tree programme and Assistive Technology projects supporting people living with disability.

In 2014/15 the Wishing Tree programme changed lives, below are just some of the wishes granted...

Brent's back on course – modified clubs, shoes and golf buggy enabled Brent to play his first round of golf in ten years.

Mix-masters in the kitchen – the convenience of a Thermomix opens up a world of cooking possibilities for many people living with disability including Samantha, Rachel, Amy and Sarah.

DJ Ben rocks Rocky Bay – Ben's new computer includes a Virtual DJ computer program and allows him to play video games without the additional difficulty of holding traditional controls.

Rochelle steps up to the plate – Now attending cooking classes and making the most of a new food processor, cookie cutters and a safe knife.

Read their full stories at www.rockybay.org.au/story/wishes-come-true/



www.facebook.com/discoverRockyBay



www.youtube.com/discoverRockyBay