

 **therapy and assistive technology**

 **leisure and independence**

 **home and community**

 **training and employment**



**Rocky Bay**

*discovering abilities*

Optimising the quality of life for people living with disability



## ASDAN learning

(Award Scheme Development Accreditation Network)

### Towards Independence

Rocky Bay's lifestyle, leisure and learning programme offers learning opportunities for people living with disability. "Towards Independence" provides a framework of activities to develop your personal, independent and social skills and formally recognises small achievements towards larger goals.

There are more than 50 units to choose from, the first of these, Starting Out is mandatory. This unit enables you to understand the importance of setting goals and recognising achievements. This learning will ensure further units are a positive experience.

Units can be divided into categories:

- Communication
- Numeracy
- Creative studies
- Independent living skills
- Cultural
- Leisure, recreation and sport
- Personal development and education

### Qualification

To obtain accredited qualification you will be required to create a personal portfolio, containing evidence of your goals and achievements throughout your learning experience.

Rocky Bay is recognised as a leading non-profit organisation delivering ASDAN programmes. These programmes are designed to offer a flexible educational framework.

For more information please call

**Aideen Leahy**, Site Coordinator

**T:** 9383 5178 | **E:** [aideenl@rockybay.org.au](mailto:aideenl@rockybay.org.au)

**Kerry Walker**, Team Leader

**T:** 9383 5137 | **E:** [kerryw@rockybay.org.au](mailto:kerryw@rockybay.org.au)

[www.rockybay.org.au](http://www.rockybay.org.au)