

WELCOME

Welcome to our Division's news. At present the newsletter "Rocky Bay Connect" is under review. This newsletter is to keep you informed with what has been happening since March.

MEET OUR MANAGEMENT TEAM



Director of Clinical Service

Linda Chiu

Phone: 6399 4100

Email: lindac@rockybay.org.au.



Posture Tech - Cheryl Lockwood

247 Postural Management &
Equipment

Phone-6399 4190

Email: cheryll@rockybay.org.au.



SATS - Tracey Delamare

Referrals to School Age Therapy
Service Fremantle & Peel Region

Phone: 6399 4120

Email: traceyd@rockybay.org.au.



TAPS - Liana Dolzadelli

Referrals to Early Intervention &
School Age Therapy services
specific to Neuromuscular
Conditions, Adult Services &
Statewide Consultancy

Phone: 9383 5151

Email: lianad@rockybay.org.au.

Feedback of any kind is always welcome

...AND HERE IS OUR ADMIN TEAM



Patricia Kailis Centre

Administration Coordinator

Susan Polden

Phone: 63994111



Posture Tech

Program Assistant

Di Milton

Phone: 6399 4191



SATS

Administration Assistant

Louise Cuttriss

Phone: 6399 4121



TAPS

Administration Assistant

Ruth Cooke

Phone: 9383 5156



**Community Aids & Equipment
Program (CAEP)**

Program Assistant

Jane Mitchell

Phone: 9383 5165

NEW INITIATIVES

BETTER START

Better Start is a Commonwealth funded initiative and Rocky Bay has been successful in becoming a member of the service provider panel. This means that we are able to provide therapy services for children under 6 years of age diagnosed with Down Syndrome, Cerebral Palsy, Fragile X, Visual and Hearing impairment. To access this service your child must have received the approval for the federal grant. If you would like more information regarding this matter please call Liana Dolzadelli, Manager TAPS on 9383 5151 or visit Carers WA or the Better Start websites. <http://wa.carersaustralia.com.au/>

CHILD DEVELOPMENT SERVICES

Rocky Bay has an agreement with Child Development Services (CDS). This new initiative is to help reduce their waitlist for speech pathology services for children living in the Cockburn and Peel regions. This is a great partnership and services are currently provided at our Patricia Kailis Centre in Cockburn Central and our newly acquired office in Ormsby Terrace Mandurah, 'The Parent Place'. Enquiries to be directed to Rona Dean, Supervisor Allied Health: 6399 4124.



MANUAL HANDLING TRAINING

Rocky Bay recently conducted Manual Handling training at Malibu School, Durham Rd School, Kenwick School, Burbridge School and Castlereagh School; following a successful tender with Department of Education and Training (DET). This project is to support the teachers and education assistants. We have also been working with several small Alternatives to Employment Agencies (ATE) to look at manual handling issues with their clients.

All our therapists are trained using Manutention as best practice and all hold a minimum of Health Care 2 Certificate. Some therapists have Level 3 certificates

and we also have a Level 4 Manutention trainer. The plan is to ensure that we all learn to move people safely using a consistent method.

We are keen to look into providing some sessions for parents and carers. If you have an interest in looking after yourselves, please give Linda Chiu a call on 6399 4100 or email lindac@rockybay.org.au, so that we can ascertain if we have sufficient numbers to conduct a few sessions.





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UPDATE ON SATS PROGRAMME

Following on from the review with Edith Cowan University (ECU) last year which resulted in changes for service improvement for our School Aged Therapy Services (SATS); our emphasis has been around collaborative team approach to support children with disabilities and to develop their highest level of independence in everyday activities. The therapists work with families to set goals that meet each child's individual needs at home and in the community. By introducing these goals into everyday life, the children are given the best opportunity to learn and develop their skills.

This partnership has led to great outcomes for families and we thank the families for the very encouraging and positive feedback.



If you would like to have a chat further about the services, please contact our Client Liaison Services team - Samantha Kendrick or Kitri Cardwell, or any of our Supervisors Allied Health - Rona Dean, Michael Johnson or Heather Whitworth on (08) 6399 4111.

STRENGTHS & INTERESTS

Your team will ask you about your child's strengths and interests. Research shows learning and development occurs more quickly in children when they participate in activities that they feel confident about and that interest them. Identifying your child's strengths and interests helps us to provide services that are tailored more to the goals your child may have. We will provide support and services based on the identified strengths and interests of your child. We will work as part of your team using resources to build on your child's current abilities and develop new skills that are important and of interest to your family.

EQUIPMENT

Has your equipment such as wheelchairs & hoists had a service check of late? If not, please contact your therapists as soon as possible to get them looked at.

If you have any CAEP funded equipment that is sitting around and not being used, please let your therapist know.

NEWS BULLETIN: SATS Mandurah office will be moving from North Mandurah primary school to new premises in Cooper Street by the end of September. We would like to thank the school for their support and office space for all these years.



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WHATS HAPPENING

GIRLS GROUP 2011

Speech Pathologists and Occupational Therapists from the Rocky Bay SATS program have been facilitating a fun group for high school girls who are interested in meeting new people and making friends. Group activities were held at the Patricia Kailis Centre and included activities such as make-up sessions, cook-offs, movie afternoons, scrapbooking and more! The girls had the opportunity to practice specific social skills in an unstructured, incidental way with support from Rocky Bay therapists. The girls will begin planning different community outings together and the networks formed between the families will hopefully lead to independent organisation of future social events.



COME GET FITTER & HEALTHIER WITH KRIS, Health and Welfare Coordinator

The client circuit class has 4 participants, conducted by Kris Ingham and supported by Sheryl Hay. The class focuses on upper body strength, core strength and high intensity cardio exercises to target fat burning. Come and groove to the music, which is calibrated to last 2 minutes for the workout song and a 30 second resting song in between which gives the clients enough time to move on and set up for the next station. The participants do both rounds twice each of the circuit. Some exercises may vary from week to week. Contact Kris if you are keen to know more on 9383 5164.



DEAR DAD

This year, Rocky Bay has commenced their series of Dear Dad! This program targets fathers of children with disabilities, providing them with an opportunity to discuss their role, their expectations and their experiences. Dear Dad is accessible to all families in the Fremantle/Peel region, with programs run at the Patricia Kailis Centre Cockburn Central and in close proximity to the Mandurah town centre. One session is scheduled for September and the other for October. If you would like further information or to confirm your attendance, please contact Susan on (08) 6399 4111.

BREAKTHROUGH TRIAL FOR THOSE WITH DUCHENNE MUSCULAR DYSTROPHY

The Australian Neuro-Muscular research institute (ANRI) based at the QEII Medical Centre has recently been funded by the Health Department of WA to establish a multidisciplinary clinical research support facility for adult DMD patients as a precursor to the Australian Phase 1 clinical trial of antisense oligomers in the treatment of Duchenne Muscular Dystrophy.

This is due to commence in 2012 under Professor Steve Wilton and his team. The main clinical outcome for the phase 1 study will be to show dystrophin expression in DMD muscle which consequently may result in improved muscle function and overall improvement in the quality of life for patients with DMD. Each patient will require a “personalised” treatment.

The adult DMD patients currently managed at Royal Perth Hospital are slowly being transferred to the DMD clinic at the ANRI and will be monitored by Associate Professor Phillipa Lamont. All patients will be initially registered at this clinic and will undergo multidisciplinary preclinical assessment. Once the clinical trial has ethical and regulatory approval, patients will be identified and approached to participate in the phase 1.

All queries regarding the clinical trial can be directed to Sue Walters, Clinic Manager at the ANRI on 93464884.



COMMUNICATION ACCESS

This symbol will be launched in Victoria in November 2011. It represents the new Communication Access symbol. If you see this symbol the service you are using is communication accessible – people may be able to sign (Auslan, KWS), have visual supports or communication devices to help you get your message across. We all have a role to play in creating communication accessible communities. Everyone has a right to be understood. Visit crc@scopevic.org.au for more information. Rocky Bay aims to increase community awareness and the involvement of people with communication difficulties in their local and broader community by developing our own communication access plan (CAP).

ESSENTIAL MEDICAL EQUIPMENT

For people who need to run essential medical equipment at home you will be able to apply for additional payment from next financial year.

It costs \$140 per year and covers:

- Oxygen concentrators
- Dialysis machines
- Phototherapy equipment
- Feeding pumps
- Ventilators
- External heart pumps
- Suction pumps
- Insulin pumps

It is part of the Clean Energy Future package.

For more information check out

www.cleanenergyfuture.gov.au

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ROCKY BAY SERVICE REVIEW

The subcommittee which was chaired by Bruce Dufty would like to thank all our clients with muscular dystrophy and their families and Rocky Bay staff who participated in the survey to see how well Rocky Bay meets quality outcomes for this population. We had a 21% response rate. The management team is now reviewing the recommendations. We will communicate again via our website, newsletter or through the teams directly.

If you wish to ask any questions about the outcomes from the survey, you can contact Linda Chiu 6399 4199 or Frances Buchanan 93835173.

SCHOOL LEAVERS

Have you planned, or started to plan, for what lies ahead if your child is going to be leaving school at the end of this year. If you are not sure, have a chat with your therapists or social worker, or contact your Disability Services Commission Local Area Coordinator. If your child is going to be looking for employment possibilities you can speak with Centrelink or you can call Rocky Bay Employment Services to consult with them on 6399 4171.

If your child is looking at any Alternatives to Employment opportunities or you already have the funding, perhaps our Getabout program can be of assistance. For information on Getabout call Linda Ogborne on 93835111.

OLEM (Optimum Life Experience Mentors) is an inspirational and motivational program incorporating public speaking, calming and stress relief workshops. OLEM is the brainchild of Adam Hewber, Haydn Stevens and Josef Hewber.

Adam and Haydn are both young men who have a zest for life and each play an active part in electric wheelchair sports (WASPS). Haydn, a man with a great sense of humour, has presented motivational papers at conferences, produced DVDs where he shared his story and is an accomplished poet and writer. Recognised by his peers for his leadership qualities he also loves the EAGLES football team.

Adam loves exercising on the beach and in the nearby park to keep active. He loves his dog who is a constant companion. Adam has completed a fine arts diploma at TAFE and is currently studying at university. In his early years Adam was told he was unlikely to be able attend ordinary schooling and may be confined to a wheelchair for the rest of his life. Adam now uses a scooter to get around for mobility primarily because of his constant falling, but he can still walk.

Josef, Adam's father speaks to parents and organisations about adversity; dealing with the reality of living with a disabled child, teenager and now an adult and how he personally achieved a perception of optimum life experience and self motivation. Through his postgraduate research he has developed a stress relief program that utilises sound and colour vibration to help calm the mind, increase intensity of focus and stimulate personal imagination. He runs these workshops on Wednesdays from 7- 9pm in Palmyra.

The group is seeking people who are willing to participate and assist with time and expertise to make a difference to others. They are looking at developing the program further, with initial support from Rocky Bay to grow to support others to develop.

For further information please contact Josef on 0409105855 or jhewber@bigpond.net.au.



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Friday, 16 September 2011



Invitation



As part of a national event, Rocky Bay will be holding a “walk” in Mosman Park, starting from our grounds at 60 McCabe Street.

When: Friday 16 September 2011
Time: 11.00am to 2.00pm
Length: 2 kms or 4.5 kms



ManpowerGroup



Blake Dawson



This walk differs from your usual walk-a-thon in that the focus is on our Clients, all of whom live with disabilities and many of whom will also be participating. It is a chance for our clients to mix with the local community and at the same time raise awareness of living with a disability and much needed funds.

Sponsored by Neverfail, Dilmah Tea, Manpower and others the event aims to raise \$10,000 to support Rocky Bay’s 1,000 children and 500 adult living with disabilities. Participation is as easy as registering on line at:

www.walkwithme.org.au, getting a few sponsors and coming along on the day to have some fun.

Please contact Laurie on 9383 5143 for further details or email laurieg@rockybay.org.au





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Posture Tech

PH: (08) 6399 4191

Therapist

Lisa Cattalini (OT)

Deanna Vry (OT)

Rehab Engineer - Workshop Manager

Jack Reffell

Workshop Supervisor

John Roberts

Technical Officers

Robert (Bob) Southerland

Vipin Murikulathil

Technical Assistant (sewing-upholstery)

Karl Verghese

TAPS

PH: (08) 9383 5111

Senior Therapists

Nita Vorster (PT)

Naomi Akizuki (OT)

Jayne Major (SW)

Sharon Ryder (SP)

Occupational Therapists (OT)

Amy Brown

Callum Johnson

Chelsea Silva

Kelvin Kong

Sophie Wittwer

Speech Pathologist

Dianne Raby

Jenny Rowe

Su Re Lau

Physiotherapists

Ariana Yeung

Ashleigh McBride

Brendan Wee

Eula Matthews

Portia Ho

Social Worker

Cassie Haywood

Sally Grlusich

Pool Co-ordinator

Kristopher Ingham

Therapy Assistant

Sheryl Hay

Anupo Le Faucheur

Community Nurse

Lili Deitjei

SATS

PH: (08) 6399 4111

Supervisors of Allied Health

Heather Whitworth (OT)

Rona Dean (SP)

Michael Johnston (PT)

Advanced Clinician

Jun Wee (OT)

Occupational Therapists (OT)

Kristen Merritt

Amelia Herbert

Yunni Koay

Amanda Incognito

Joanne Walczak

Jessica Maccora

Janice Van Reissen

Natalia Grochal

Stacey Douglas

Speech Pathologist

Jacinta Law

Elizabeth Joshua

Leanne White

Kate Prentice

Jessica Kennedy

Lauren Constantine

Esther Dourado

Sara Chong

Tania Muscat

Amber Scott

Physiotherapists

Anna Chitty

Katey Putland

Reny Matthews

Client Liaison Officer

Samantha Kendrick

Client Support Officer

Kitri Cardwell

Therapy Assistant

Jacqui Gibson

Kellee Partridge

Check out our website: www.rockybay.org.au
for more information about other services.